



Know About Yourself

- I use a planner (or other methods) to write down upcoming academic and preanal activities.

(a) Always

(c) Often

(b) Rare

(d) Never

- use a "to do" list to keep track of completing my academic and personal activities.

(a) Always

(c) Often

(b) Rare

(d) Never

- I start studying for quizzes and tests at least se era I days before I take them.

(a) Always

(c) Often

(b) Rare

(d) Never

- I start papers and projects as soon as they are assigned.

(a) Always

(c) Often

(b) Rare

(d) Never

- I have enough time for school and fun.

(a) Always

(c) Often

(b) Rare

(d) Never